



May 2019 Events

Tuesday  Our Parents' Home		1 Wednesday 10:00 Sit and Be Fit (Theatre) 2:00 Sing Along with Jonathan (Bistro) 7:00 Divertimento Rehearsal (14th floor) 7:00 Bridge (Library)	2 Thursday 9:15 Personal Training 10:00 Personal Training (Fitness Centre) 1:00 Food Committee Meeting (Theatre) 1:30 Gardener's Club Meeting (14th floor Patio) 2:00 Kentucky Derby Happy Hour 7:00 Movie "English Patient" (Theatre)	3 Friday 10:00 Gentle Guided Meditation and Movement (Theatre) 10:45 Bible Study (Library) 3:00 Knitting and Crocheting (Piano Room) 6:30 Mahjong (Library)	4 Saturday 	
5 Sunday 1:00 Piano Performance 2:00 Cello Ensemble Music Performance (Bistro) 7:00 Movie "The Monuments Men"	6 Monday Mental Health Week Nursing Appreciation Week 10:00 Sit and Be Fit (Theatre) 11:00 FifeNdekel Lunch Outing 2:00 Mental Health Talk (Theatre) 3:00 Reading Circle (Library) 7:00 Bridge (Library)	7 10:00 Seated Zumba (Theatre) 1:00 Bingo (Theatre) 6:30 Mahjong (Library)	8 10:00 Sit and Be Fit (Theatre) 2:00 Sing Along with Jonathan (Bistro) 3:15 Florence Nightingale Program (Fireside) 6:00 Student Piano Performance (Bistro) 7:00 Divertimento Rehearsal (14th floor) 7:00 Bridge (Library)	9 9:15 Personal Training 10:00 Personal Training (Fitness Centre) 2:00 Mothers Day Happy Hour (14th floor) 3:15 Washington DC Travel Program (Piano Room) 7:00 Movie "Dr. Zhivago" (Theatre)	10 10:00 Gentle Guided Meditation and Movement (Theatre) 10:45 Bible Study (Library) 1:00 Inspired Living Town Hall (Theatre) 3:00 Knitting and Crocheting (Piano Room) 6:30 Mahjong (Library)	11 11:00 "The Crown" Episode 6 (Theatre) 1:00 Creative Writing (Library)
12 Mothers Day 1:00 Piano Performance 2:00 "Casablanca"	13 9:30 Outing to Southgate Mall 10:00 Sit and Be Fit (Theatre) 11:00 Faith Life Talk (Theatre) 1:30 Ellerslie Gift and Garden Outing 3:00 Reading Circle (Library) 7:00 Bridge (Library)	14 National Denim Day 10:00 Seated Zumba (Theatre) 11:00 Technology Class (Library) 2:00 Bingo (Theatre) 3:30 Flowers in Art Talk (Fireside) 6:30 Mahjong (Library)	15 National Chocolate Chip Day 10:00 Sit and Be Fit (Theatre) 2:00 Sing Along with Jonathan (Bistro) 3:30 Seated Yoga (Theatre) 7:00 Divertimento Rehearsal (14th floor) 7:00 Bridge (Library)	16 9:15 Personal Training 10:00 Personal Training (Fitness Centre) 1:00 Jewish National Fund Presentation: Water Talk (Theatre) 2:00 World Jersey Day Happy Hour (14th floor) 7:00 Movie "La La Land" (Theatre)	17 10:00 Gentle Guided Meditation and Movement (Theatre) 10:45 Bible Study (Library) 1:00 Understanding Dementia (Theatre) 3:00 Knitting and Crocheting (Piano Room) 5:30 Shabbat Dinner 6:30 Mahjong (Library)	18
19 1:00 Piano Performance 2:00 Movie "My Fair Lady"	20 Victoria Day 7:00 Bridge (Library)	21 10:00 Seated Zumba (Theatre) 2:00 Bingo (Theatre) 3:30 Queen Victoria Program 6:30 Mahjong (Library)	22 10:00 Sit and Be Fit (Theatre) 1:00 Open Discussion with Rabbi Mendi (Bistro) 2:00 Sing Along with Jonathan (Bistro) 3:15 Sherlock Holmes Program (Fireside) 6:00 Student Piano Performance (Bistro) 7:00 Divertimento Rehearsal (14th floor) 7:00 Bridge (Library)	23 Lag B'Omer 9:15 Personal Training 10:00 Personal Training (Fitness Centre) 1:00 Calendar Input Meeting 2:00 Wine Tasting Happy Hour 7:00 Movie "The Notebook" (Theatre)	24 10:00 Gentle Guided Meditation and Movement (Theatre) 10:45 Bible Study (Library) 1:00 Understanding Dementia (Theatre) 2:00 Bob Dylan Vinyl Program 3:00 Knitting and Crocheting (Piano Room) 6:30 Mahjong (Library)	25 National Wine Day 1:00 Carpet Bowling (Bistro) 2:00 "The Crown" Episode 7 and 8 (Theatre)
26 1:00 Piano Performance 2:00 Movie "Roma" 3:00 Hymn Sing (Bistro)	27 10:00 Sit and Be Fit (Theatre) 10:30 Elk Island Picnic Outing 3:00 Reading Circle (Library) 7:00 Bridge (Library)	28 10:00 Seated Zumba (Theatre) 10:45 Art and Architecture to Beth Shalom with Optional Lunch at Earls with Devonshire Village 11:00 Technology Class (Library) 2:00 Bingo (Theatre) 3:15 Flower Illustration Program 6:30 Mahjong (Library)	29 10:00 Sit and Be Fit (Theatre) 2:00 Sing Along with Jonathan (Bistro) 3:30 Seated Yoga (Theatre) 7:00 Divertimento Rehearsal (14th floor) 7:00 Bridge (Library)	30 9:15 Personal Training 10:00 Personal Training (Fitness Centre) 1:00 Jewish National Fund Presentation: Community Development Talk (Theatre) 2:00 Birthday Happy Hour 7:00 Movie "Jane" (Theatre)	31 10:00 Gentle Guided Meditation and Movement (Theatre) 10:45 Bible Study (Library) 1:00 Understanding Dementia (Theatre) 3:00 Knitting and Crocheting (Piano Room) 3:00 Hearing Clinic (Library) 6:30 Mahjong (Library)	