

December Inspired Living Events



1 Saturday
 9:15 Personal Training
 5:00 Chanukah Candle Lighting (Lobby)

2 Sunday	3 Monday	4 Tuesday	5 Wednesday	6 Thursday	7 Friday	8 Saturday	
5:00 Chanukah Candle Lighting (Lobby) Chanukah Starts	10:00 Sit and Be Fit (Theatre) 10:30 Jewish Drop in Centre Choir (14th floor) 10:30 Old Strathcona Antique Mall and Lunch at Smittys 11:00 Faith Life Talk (14th floor) 1:00 Pet Visits (14th) 2:00 Bowling at Ed's Bowling 5:00 Chanukah Candle Lighting (Lobby)	10:00 Talmud Torah Chanukah Visit (14th floor) 11:00 Technology Class with Anna (Library) 11:00 14th floor Tree Decorating 2:00 Bingo (14th) 5:00 Chanukah Candle Lighting (Lobby) 7:00 Mahjong Club (14th)	10:00 Sit and Be Fit (Bistro) 1:00 Coffee with a Firefighter (Dining Room) 2:00 Sing Along with Johnathan (Bistro) 3:00 Catholic Mass (Bistro) 4:30 Chanukah Candle Lighting with Rabbi Mendy (14th) 7:00 Bridge Club (14th)	9:15 Personal Training 10:00 Personal Training (Fitness Centre) 2:00 Happy Hour with Matt Day 3:15 Staff Dance Performance (Theatre) 5:00 Chanukah Candle Lighting (Lobby) 7:00 Movie "Annie Hall"	10:00 Yoga with 2G Fitness 3:00 Knitting and Quilting Club (14th) 5:00 Chanukah Candle Lighting (Lobby) 7:00 Friday Night Service and Chanukah Celebration (14th) 7:00 Mahjong Club (14th)	9:15 Personal Training 1:00 Wii Sports (14th floor) 3:00 Concerts in Care (14th floor) 5:00 Chanukah Candle Lighting (Lobby)	
9 4:00 Beth Israel Chanukah Candle Lighting Program (14th floor) 7:00 Christmas Movie "Bing Crosby's White Christmas Show"	10 10:00 Sit and Be Fit (Theatre) 11:00 Pet Visits (Bistro) 6:00 Christmas Lights Night Drive (limited spots) Chanukah ends	11 2:00 Bingo (14th) 3:00 Fondue Event (Bistro) 7:00 Swiss Men's Choir (14th floor) 7:00 Mahjong Club (Library)	12 10:00 Sit and Be Fit (Bistro) 2:00 Sing Along with Johnathan 7:00 Bridge Club (Library) 7:00 Divertimento Dress Rehearsal (Theatre and Bistro)	13 9:15 Personal Training 10:00 Personal Training (Fitness Centre) 2:00 Happy Hour with Terry Jordan and 2nd floor opening (2nd floor) 7:00 Movie "Scent of a Woman"	14 10:00 Holiday Crafts 2:00 Birthday Party with Glen Grey 3:00 Knitting and Quilting Club (14th) 7:00 Mahjong Club (14th)	15 9:15 Personal Training 10:00 Zumba (Theatre) 11:00 Christmas Movie "A Christmas Carol" 1:00 Wii Sports (14th floor) 3:00 Concerts in Care	
16 10:30 Chinese Catholic Parish Choir Carolling 1:00 Tel Aviv Dance Performance (14th) 2:00 Symphony (14th)	17 10:00 Sit and Be Fit (Theatre) 11:00 Pet Visits (Bistro) 11:30 Christmas Music at the Legislature 2:00 Jill's Holiday Tea 4:00 Resident Christmas Dinner	18 11:00 Technology Class with Anna (Library) 2:00 Bingo (14th) 3:00 Book Club (Library) 7:00 Mahjong Club (14th)	19 10:00 Sit and Be Fit (Bistro) 2:00 Sing Along with Johnathan 6:00 Piano Performance (14th) 7:00 Bridge Club (14th) 7:00 Divertimento Rehearsal (Bistro)	20 9:15 Personal Training 10:00 Personal Training (Fitness Centre) 2:00 Christmas Happy Hour with Kay DaSilva 7:00 Christmas Movie "Holiday Inn"	21 10:00 Art Therapy (Bistro) 3:00 Knitting and Quilting Club (14th) 6:00 Shabbat Dinner (signup required) 7:00 Mahjong Club (14th)	22 9:15 Personal Training 1:00 Wii Sports (14th floor)	
23	24 10:00 Sit and Be Fit (Theatre) 11:00 Pet Visits (Bistro) 1:00 Travel Experience "Portugal" 2:00 Christmas Bingo	25 Christmas Day	26 Boxing Day	27 9:15 Personal Training 10:00 Personal Training (Fitness Centre) 2:00 Happy Hour with Larry Dorsch 6:30 Movie "Sound of Music"	28 10:00 Current Events and Trivia Hour 3:00 Knitting and Quilting Club (14th) 7:00 Mahjong Club (14th)	29 9:15 Personal Training 10:00 Zumba (Theatre) 1:00 Wii Sports (14th floor)	
30	31 10:00 Sit and Be Fit (Theatre) 11:00 Pet Visits (Bistro) 1:00 Muttart Conservatory	 Our Parents' Home					