

# SEPTEMBER Events



1 Saturday

**Note:** All Recreation programs are subject to change. Changes will be communicated via various means depending on the situation. These may include: posters, door drops, notices, and word of mouth.

2 Sunday	3 Monday	4 Tuesday	5 Wednesday	6 Thursday	7 Friday	8 Saturday
<b>Legend:</b> = Sign-up Requirement = Cash Requirement = Ticketed Event, Purchase	<i>Labour Day – No Recreation Team</i> 7:00 Board Games Night! F14	9:00 Personal Training with Meagan (Fitness Room) 1:15 Open Discussion with Rabbi Mendy 2:15 Bingo 7:00 Mah-jong Club	10:00 Sit and Be Fit 2:00 Piano Sing-Along with Jonathan 6:30 Movie Night 7:00 Bridge Club	9:00 Personal Training with Meagan (Fitness Room) 10:15 Personal Training with Meagan 2:00 Happy Hour	10:00 Yoga with 2GFitness 2:00 Popcorn and Trivia Social 3:00 Knitting and Quilting Club 7:00 Bridge Club	2:30 Matinee Movie
9:00 Blowing of the Shofar 2:00 Rosh Hashanah Social	10:00 Sit and Be Fit F 10:00 Southgate Mall & Safeway 1:00 U of A Botanic Devonian Gardens 2:00 TED Talks- Diversity 3:00 Reading Circle with Chaplain Jill! (Library) 7:00 Board Games Night!	9:00 Personal Training with Meagan 11:00 Technology Class with Anna (Library) 2:00 Bingo 7:00 Mah-jong Club	10:00 Sit and Be Fit 6:30 Movie Night 7:00 Bridge Club	9:00 Personal Training with Meagan (Fitness Room) 10:15 Personal Training with Meagan 2:00 Happy Hour	10:00 Salsa Lessons with Salsa Mi Amor! 2:00 Birthday Party! with “The Old Smoothies” 2:30 Rexall Pharmacy Café 3:00 Knitting and Quilting Club 7:00 Bridge Club	10:00 Chair Zumba 2:30 Matinee Movie
16:00 Hymn Sing with Chaplain Jill!	9:30 Art & Architecture All Day Outing to Stony Plain 10:00 Sit and Be Fit 11:00 Faith Life Talk, 14th Floor with Chaplain Jill! 2:00 Virtual Travel Experience 7:00 Board Games Night!	9:00 Personal Training with Meagan (Fitness Room) 2:00 Bingo 7:00 Mah-jong Club	10:00 Sit and Be Fit 1:30 October Calendar Reveal Party 2:00 Piano Sing-Along with Jonathan 6:30 Movie Night 7:00 Bridge Club	9:00 Personal Training with Meagan (Fitness Room) 10:15 Personal Training with Meagan 2:00 High Tea	10:00 Art Therapy with Foster 10:00 Art and Wellness 10:00 Talmud Torah Intergenerational Holiday Program 3:00 Knitting and Quilting Club 7:00 Bridge Club <i>Recreation in meetings in PM</i>	1:00 Oktoberfest Celebration Kick-off! 2:30 Matinee Movie
4:00 Hymn Sing with Chaplain Jill!	10:00 Sit and Be Fit 11:30 “High Level Diner” Lunch Club 1:30 Telus World of Science & IMAX Experience! 2:00 Genealogy Workshop 7:00 Board Games Night!	9:00 Personal Training with Meagan (Fitness Room) 11:00 Technology Class with Anna (Library) 1:45 Sukkot Prayers (Patio) 2:00 Bingo 3:00 Book Club (Library) 7:00 Mah-jong Club	10:00 Sit and Be Fit 2:00 Piano Sing-Along with Jonathan 6:30 Movie Night 7:00 Bridge Club	9:00 Personal Training with Meagan (Fitness Room) 10:15 Personal Training with Meagan 1:00 Town Hall, Introducing Jordan Majeau (Theatre) 2:00 Happy Hour	10:00 Salsa Lessons with Salsa Mi Amor! 2:00 Hearing Health Clinic 2:30 Storytelling with EPS 3:00 Knitting and Quilting Club 7:00 Bridge Club	10:00 Chair Zumba 2:30 Movie Matinee 30 Sunday 1:30 Holiday Service with Rabbi Mendy