



FEBRUARY

Inspired Living



<p>1 Thursday 9:15&10:00 Fit with Meagan 2:00 Happy Hour with Larry Kyper 2:30 Pool Tournament 7:00 Susan's Movie Night</p>	<p>2 Friday 10:00 Balance&Coordination 2:00 Wellness Café 3:00 Olympic Arts & Crafts 6:00 Edmonton Notables Rehersal</p>	<p>3 Saturday 7:00 Dennis' Music Performance</p>				
<p>4 Sunday 10:20 Deacon Paul's Chat 2:00 Superbowl LII 7:00 Movie Matinee</p>	<p>5 Monday 9:30 River Valley Funicular 10:00 Cardio Exercise 1:30 Agora Interpretive Center 3:00 Olympic Trials: Bobsleigh</p>	<p>6 Tuesday 10:00 Citi Ballet Exercises 12:30 Mahjong 2:00 Bingo 3:00 Olympic Trials: Ski Jump</p>	<p>7 Wednesday 9:45 Strength Exercise 10:30 Faith Life Talk 2:00 Great Notes Choir 3:00 Olympic Trials: Curling 7:00 Bridge Club</p>	<p>8 9:15&10:00 Fit with Meagan 10:30 OPH Winter Olympics Competition sign-up 2:00 Olympic Happy Hour With Terry Jorden 3:00 OPH Winter Olympics Opening Ceremonies 7:00 Susan's Movie Night</p>	<p>9 10:00 Chair Zumba 1:00 Linda's Painting Club 2:00 Olympic Trials: Bowling 6:00 Edmonton Notables Rehersal</p>	<p>10 7:00 Dennis' Music Performance <i>Olympic Coverage will be available in the movie theater all day.</i></p>
<p>11 10:20 Deacon Paul's Chat 2:00 Cello Ensemble 7:00 Movie Matinee</p>	<p>12 10:00 Cardio Exercise 11:00 The Enjoy Center 3:00 Wii Olympics: Bobsleigh</p>	<p>13 10:00 Citie Ballet Exercises 11:00 Computer Class (Library) 12:30 Mahjong 2:00 Bingo 3:00 Wii Olympics: Ski Jump</p>	<p>14 9:45 Strength Exercise 10:30 Faith Life Talk 11:45 Musical Concert outing with Chaplain Jill 2:00 Friendship Tea with Bobby Austin 3:00 Wii Olympic Curling 7:00 Bridge Club 7:30 Orchestra Practise</p>	<p>15 9:15&10:00 Fit with Meagan 2:00 Happy Hour F14 with Jeff Ramsey 2:30 Pool Tournament 7:00 Susan's Movie Night</p>	<p>16 10:00 An introduction to Tai Chi 11:00 Wii Olympic Bowling 3:00 Chinese New Year Stories & Traditions 7:00 Shabbat Service</p>	<p>17 7:00 Dennis' Music Performance <i>Olympic Coverage will be available in the movie theater all day.</i></p>
<p>18 10:00 Brunch (dining room) 10:20 Deacon Paul's Chat 7:00 Movie Matinee</p>	<p>19 Statutory Holiday No Programs Today</p>	<p>20 10:00 Citie Ballet Exercises 12:30 Mahjong 2:00 Birthday Party with Jackson Mackenzie</p>	<p>21 9:45 Strength Exercise 10:30 Faith Life Talk 2:00 Great Notes Choir 7:00 Bridge Club</p>	<p>22 9:15&10:00 Fit with Meagan 2:00 Happy Hour with Mr. Melody 3:00 OPH Winter Olympics Medal Ceremony 7:00 Susan's Movie Night</p>	<p>23 10:00 Chair Zumba 1:00 Linda's Painting Club 2:00 EPL Program 2:00 Hearing Health Clinic (Library) 6:00 Edmonton Notables Rehersal</p>	<p>24 7:00 Dennis' Music Performance <i>Olympic Coverage will be available in the movie theater all day.</i></p>
<p>25 5:00am Winter Olympics Closing Ceremony on TV 10:20 Deacon Paul's Chat 2:00 Cello Ensemble 4:00 Hymn Sing 7:00 Movie Matinee</p>	<p>26 10:00 Southgate Mall Shopping 10:00 Cardio Exercise 1:45 Art & Architecture 2:00 Name that Tune</p>	<p>27 10:00 Citie Ballet Exercises 11:00 Computer Class (Library) 12:30 Mahjong 2:00 Bingo 3:00 Book Club (Library)</p>	<p>28 9:45 Strength Exercise 10:30 Faith Life Talk 2:00 Great Notes Choir 7:00 Bridge Club 7:30 Orchestra Practise</p>	<p>All events take place on the 14th floor unless otherwise specified</p>		