



MARCH

Lunch Menu



4 Sunday SOUP Mulligatawny MAIN Lemon Chicken Sandwich <i>OR</i> Maple Pancakes with Whipped Cream <i>OR</i> Vegetarian Pizza* <i>OR</i> Macaroni & Cheese* DESSERT Fruit Cup	5 Monday SOUP Vegetable Soup MAIN Caprese Grilled Chicken <i>OR</i> Veggie Burger <i>OR</i> Chickpea Burger & Potato Wedges* <i>OR</i> Valencia Baked Fish* DESSERT Red Grapes	6 Tuesday SOUP Chili Bean MAIN Spanakopita with Marinara <i>OR</i> Vegetable Stir Fry <i>OR</i> Cheese & Bean Burritos* <i>OR</i> Tuna Quesadilla* DESSERT Watermelon & Mint	7 Wednesday SOUP Cream of Mushroom MAIN Bagel with Cream cheese & Salmon <i>OR</i> Salisbury Steak <i>OR</i> Egg Salad Sandwich* <i>OR</i> Vegetable Cheese Crepes* DESSERT Poached Pears	8 Thursday SOUP Borscht <i>OR</i> Pepper Cabbage* MAIN Pastrami on Rye <i>OR</i> Falafel Hummus <i>OR</i> Veggie Burger* <i>OR</i> Mediterranean Salad* DESSERT Vanilla Mousse	9 Friday SOUP Minestrone MAIN Philly Cheese Sandwich <i>OR</i> Potato & Cheese Frittata <i>OR</i> Egg Salad Sandwich* <i>OR</i> Lemon Pepper Salmon* DESSERT Pineapple & Chocolate	10 Saturday SOUP Cream of Chicken MAIN Falafel Pita Pocket <i>OR</i> Grilled Salmon <i>OR</i> Salmon Salad Croissant* <i>OR</i> Potato & Cheese Frittata* DESSERT Banana & Orange
11 SOUP Autumn Squash MAIN Smoked Meat Sandwich <i>OR</i> Veal Parmesan <i>OR</i> Homemade Knishes* <i>OR</i> Vegetable Frittata* DESSERT Poached Pears	12 SOUP Split Pea MAIN BBQ Hamburger <i>OR</i> Vegetarian Cassoulet <i>OR</i> Chick Pea Tagine* <i>OR</i> Egg Salad Sandwich* DESSERT Orange, Banana & Coconut	13 SOUP Borscht MAIN Monte Cristo Sandwich <i>OR</i> Zesty Orange Fish <i>OR</i> Ukrainian Fish Cutlets* <i>OR</i> Cabbage Rolls* DESSERT Mixed Yogurt & Fruit	14 SOUP Cream of Broccoli MAIN Tuna Melt on Brioche <i>OR</i> Liver & Onions <i>OR</i> Chicken Pot Pie* <i>OR</i> Herb Baked Salmon* DESSERT Honeydew & Mint	15 SOUP Tomato Basil MAIN Rubens Pastrami <i>OR</i> Manicotti <i>OR</i> Vegetable Strudel* <i>OR</i> Grilled Cheddar & Onion Sandwich* DESSERT Cantaloupe & Strawberries	16 SOUP Mushroom Barley Soup MAIN Chicken Souvlaki Sandwich <i>OR</i> Breaded Cod <i>OR</i> Mediterranean Salad* <i>OR</i> Lox Bagel with Cream Cheese* DESSERT Red Grapes	17 Brunch <i>10:00 am – 12:30 pm</i> <i>Please make Reservations at Reception</i>
18 SOUP Cream of Tomato MAIN Grilled Cheese Sandwich <i>OR</i> Seared Salmon <i>OR</i> Black Bean Burger* <i>OR</i> Asian Vegetable Stir Fry* DESSERT Honeydew & Mint	19 SOUP Vegetable Rice MAIN Seafood Salad Croissant <i>OR</i> Asian Vegetable Stir Fry <i>OR</i> Grilled Cheese* <i>OR</i> Chimmichurri Salmon* DESSERT Baked Apple with Caramel Sauce	20 SOUP Tuscany Garbanzo MAIN Beef Dip Sandwich with Au Jus <i>OR</i> Grilled Trout with Lemon <i>OR</i> Italian Smoked Meat* Sandwich <i>OR</i> Penne with Sausage in Marinara* DESSERT Tiramisu Parfait	21 SOUP Borscht with Sour Cream MAIN Lime Dill Tuna Sandwich <i>OR</i> Vegetable Strudel with Tarragon Cream <i>OR</i> Smoked Salmon Sandwich* <i>OR</i> Veggie Strudel DESSERT Fresh Grapes	22 SOUP Lentil Soup MAIN Pastrami on Rye <i>OR</i> Broccoli Cheddar Quiche <i>OR</i> Grilled Vegetable Sandwich* <i>OR</i> Moroccan Vegetable Stew* DESSERT Fruit Cup	23 SOUP Butternut Squash Soup MAIN Egg Salad on Brioche <i>OR</i> Fish Sticks <i>OR</i> Tuna Salad Sandwich with Lemon* <i>OR</i> Zucchini Frittata* DESSERT Poached Pears	24 SOUP Red Pepper & Tomato MAIN BBQ Beef Burger <i>OR</i> Tortellini in Tomato Sauce <i>OR</i> Falafel Pita Pockets* <i>OR</i> Broccoli Cheddar Quiche* DESSERT Lemon Mouse with Berries
25 SOUP Corn Chowder <i>OR</i> Split Pea* MAIN Roasted Vegetable Sandwich <i>OR</i> Chicken Caesar Salad <i>OR</i> Berry Pancakes* <i>OR</i> Seared Salmon Pasta Salad* DESSERT Watermelon & Mint	26 SOUP Minestrone MAIN Roast Beef Sandwich <i>OR</i> Vegetable Egg Frittata <i>OR</i> BBQ Tofu, Lettuce & Tomato Sandwich* <i>OR</i> Homemade Vegetarian Lasagne* DESSERT Banana & Orange	27 SOUP Split Pea MAIN Grilled Cheddar with Onion & Tomato Sandwich <i>OR</i> Tuna Salad Plate <i>OR</i> Holishkes* <i>OR</i> Shakshuka* with Mashed Potatoes* DESSERT Honey Apple Cake	28 SOUP Cream of Tomato <i>OR</i> Cream of Mushroom* MAIN Chicken Salad on Brioche <i>OR</i> Turkey Chili <i>OR</i> Salmon Salad Croissant* <i>OR</i> Potato Latkes with Apple Sauce & Cream* DESSERT Blueberry Loaf	29 SOUP White Bean MAIN Veggie Burger <i>OR</i> Three Cheese Quiche <i>OR</i> Tuna Cobb Salad Plate* <i>OR</i> Penne with Tomato Soya Meat Sauce* DESSERT Strawberries & Cantaloupe	30 SOUP Autumn Pumpkin <i>OR</i> Potato Onion* MAIN Egg Salad on Brioche <i>OR</i> Penne Primavera <i>OR</i> Potato Kugel* <i>OR</i> Salmon Patty* DESSERT Mandarin Orange Slices or Strawberries & Cantaloupe*	31 SOUP Chicken Noodle or Chefs Salad* MAIN Smoked Salmon on Cream Cheese Bagel <i>OR</i> Cabbage Rolls & Gefilte Fish* <i>OR</i> Roasted Mushroom Salad* DESSERT Watermelon & Blueberries or Strawberries*

*Menu Subject to Change



MARCH

Dinner Menu



1 Thursday

SALAD Coleslaw
MAIN Thai Curry with Cilantro
OR Vegetable Lasagne *OR*
 Stuffed Bell Pepper* *OR*
 Chicken Jambalaya*
DESSERT Carrot Cake

2 Friday

SOUP Cream of Potato Dill *OR*
 Chicken Matzo Ball*
MAIN Roast Beef & Yorkshire
 Pudding *OR* Pesto Baked
 Tilapia *OR* Beef Kebabs*
OR Caprese Chicken*
DESSERT Watermelon & Blueberries

3 Saturday

SALAD Tomato Cucumber
MAIN Sweet & Sour chicken
OR Tomato Baked
 Portobello Mushroom *OR*
 Vegetable Lasagne* *OR*
 Hot Beef Sandwich*
DESSERT Angel Food Cake

4 Sunday

SALAD Broccoli
MAIN Breaded Tilapia *OR*
 Chicken Mango Salad
 Plate *OR* Quinoa Chicken
 Tenders* *OR* Roasted
 Salmon*
DESSERT Baked Apple

5 Monday

SALAD Tossed
MAIN Beef Goulash *OR*
 Vegetable Napoleon *OR*
 Turkey Stroganoff* *OR*
 Moroccan Couscous
 Salad*
DESSERT Blueberry Cobbler

6 Tuesday

SOUP Sweet Potato Carrot
MAIN Chicken Wings *OR* BBQ
 Meatball Sliders *OR* Beef
 & Rice Casserole* *OR*
 Mexican Chicken
DESSERT Vanilla Pudding *OR* Key
 Lime Pie*

7 Wednesday

SALAD Tomato & Onion Salad
MAIN Southern Fried Chicken
OR Parmesan Salmon *OR*
 Penne with Grilled
 Vegetables* *OR* Beef Pot
 Roast*
DESSERT Pineapple Upside Down
 Cake

8

SALAD Romaine
MAIN Baked Basa *OR* Tuna
 Cobb Salad *OR* Chicken &
 Rice Casserole* *OR*
 Grilled Vegetable
 Skewers*
DESSERT Watermelon & Mint

9

SOUP French Onion Soup
SALAD Coleslaw Vinaigrette*
MAIN Steak Night *OR* Vegetable
 Napoleon with Rice Pilaf
OR Maple Glazed Trout*
OR Creamy Chicken &
 Mushroom Pasta*
DESSERT Chocolate Flourless Cake

10

SALAD Baby Greens
MAIN Moroccan Basa *OR*
 Tortellini & Peppers in
 Tomato Sauce *OR* Salmon
 Salad* *OR*
 Vegetable Lasagne*
DESSERT Cinnamon Rice Pudding

11

SALAD Matchstick Carrot Salad
MAIN Tandoori Chicken
OR Chefs Salad *OR*
 Corned Beef* *OR*
 Trout Almandine*
DESSERT Cherry Tart

12

SALAD Spinach
MAIN Penne with Meatballs
OR Fennel Chicken *OR*
 BBQ Hamburger* *OR*
 BBQ Chicken*
DESSERT Peach Crisp

13

SOUP Chicken Taco Soup *or*
 Beet Salad*
MAIN Turkey Schnitzel
OR Meat Lasagna *OR*
 Lamb Dushenina* *OR*
 Deruni*
DESSERT Jello & Fruit

14

SALAD Cucumber & Red Onion
MAIN Meat Lover Pizza
OR Basil Tomato
 Mozzarella Sandwich *OR*
 Penne with Chicken Pot
 Pie* *OR* Baked Salmon*
DESSERT Chocolate Cake

15

SALAD Garlic Chickpea Salad
MAIN Meatloaf *OR* Jamaican
 Jerk Chicken *OR*
 Pasta &
 Meatballs* *OR* Chicken
 Korma*
DESSERT Coconut Rice Pudding

16

SOUP Tomato Macaroni *OR*
 Chicken Matzo Ball*
MAIN Chicken ala Kiev
OR Pasta Primavera *OR*
 Shepherd's Pie* *OR*
 Stuffed Pepper*
DESSERT Carrot Cake

17

SALAD Tossed Salad
MAIN Cabbage Rolls *OR* Liver
 & Onions *OR* BBQ
 Chicken Sandwich* *OR*
 Moroccan Vegetable
 Stew*
DESSERT Chocolate Mousse

18

SALAD Mixed Greens *OR* Carrot
 Raisin*
MAIN Chimmichurri Chicken
 Thigh *OR* Breaded Tilapia
OR BBQ Braised Short
 Ribs* *OR* Cajun Salmon*
DESSERT Chocolate Brownie

19

SALAD Spinach
MAIN Rotini in Meat Sauce
OR Chicken Stew *OR*
 Salisbury Steak* *OR*
 Apple Chicken
 Sandwich*
DESSERT Pear Crisp

20

SOUP Tomato Basil*
MAIN BBQ Beef Short Ribs *OR*
 Egg Salad Platter with
 Tomato & Cucumber *OR*
 Rotini in Bolognese* *OR*
 Italian Bean Stew*
DESSERT Fruit & Custard

21

SALAD Pear Waldorf *OR*
 Cucumber Onion*
MAIN Baked Chicken Breast *OR*
 Breaded Cod *OR* Lazy
 Cabbage Rolls* *OR* Meat
 Pie*
DESSERT Chocolate Hazelnut Cake

22

SALAD Garlic Chickpea
MAIN Pot Roast Beef *OR*
 Spinach & Cheese
 Manicotti *OR* Grilled
 Salmon* *OR* Roast Turkey
 Sandwich*
DESSERT Cantaloupe & Honeydew

23

SOUP Beef & Barley *OR* Chicken
 Matzo Ball*
MAIN Lamb Tagine *OR* Maple
 Dijon Salmon *OR* Roasted
 Lamb* *OR* Grilled Veggie
 Skewers*
DESSERT Maraschino Cherry Loaf

24

SALAD Tossed
MAIN Southern Baked Chicken
OR Chicken Apple Salad
OR Pot Roast Beef with
 Horseradish & Gravy* *OR*
 Chicken Kebabs*
DESSERT Fresh Strawberries

25

SALAD Tossed
MAIN Teriyaki Chicken *OR* Herb
 Crusted Salmon *OR*
 Chicken Cacciatore* *OR*
 Honey Soy Grilled
 Salmon*
DESSERT Pineapple & Banana

26

SOUP Kale Caesar *OR* Garden
 Rainbow*
MAIN Tuscany Turkey Breast
OR Shepherd's Pie *OR*
 Chimmichurri Chicken*
OR Hamburger on a Bun*
DESSERT Lemon Tart

27

SOUP Florentine Soup
MAIN Beef Burgundy *OR* BBQ
 Chicken *OR* Hameen* *OR*
 Sephardic Moroccan
 Fish*
DESSERT Chocolate Chickpea
 Cake *OR* Kichel*

28

SALAD Tossed
MAIN Butter Chicken *OR*
 Valencia Basa *OR* BBQ
 Chicken* *OR* Eggplant &
 Green Chutney
 Sandwich*
DESSERT Bread Pudding

29

SALAD Garden
MAIN Orange Beef Stir Fry *OR*
 Homemade Vegetarian
 Lasagne *OR* Orange Beef
 Stir Fry* *OR* Pastrami on
 Rye*
DESSERT Blueberry Tart

30

SOUP Italian Vegetable *OR*
 Chicken Matzo Ball*
MAIN Steak *OR* Vegetable
 Napoleon *OR* Lemon
 Thyme Chicken* *OR*
 Roast Beef*
DESSERT Umali *OR* Passover
 Blueberry Loaf*

31

SALAD Tossed *OR* Spinach*
MAIN Caprese Chicken
OR Salisbury Steak *OR*
 Chicken & Pineapple
 Salad* *OR* Grilled Chicken
 Salad with Pears*
DESSERT Baked Apple with Raisins

*Menu Subject to Change