

MAY

Events



1 Tuesday 9:00 Personal Training (PT) with Meagan 2:00 Bingo 6:30 Mahjong	2 Wednesday 10:00 Balance & Coordination Fitness Class 7:00 Bridge Club 7:30 Orchestra Practise	3 Thursday 9:15 Personal Training (PT) with Meagan 10:00 PT with Meagan 2:00 Happy Hour, Jonathan Engler, Pianist	4 Friday	5 Saturday 2:00 Wii Bowling 7:00 Dennis' Music Performance	
6 Sunday 2:00 Music Rehearsal	7 Monday 10:00 Balance & Coordination Fitness Class 11:00 Faith Life Talk with Chaplain Jill 11:00 River Cree Casino	8 9:00 Personal Training (PT) with Meagan 11:00 Computer Class with Anna in Library 2:00 Bingo 6:30 Mahjong	9 10:00 Balance & Coordination Fitness Class 2:00 Hymm Sing, Pianist Jonathan E. 14 th floor 7:00 Bridge Club 7:30 Orchestra Practise	10 9:15 Personal Training (PT) with Meagan 10:00 PT with Meagan 2:00 Happy Hour	
11 10:00 Chair Zumba Class 2:00 Wellness Café, Rexall <i>Topic: Skin care, Age related</i>	12 10:00 Mother's Day Brunch! 2:00 Wii Bowling 7:00 Dennis' Music Performance	13	14 10:00 Balance & Coordination Fitness Class 1:00 Kulhmann's Greenhouse 3:00 Reading Circle with Chaplain Jill	15 9:00 Personal Training (PT) with Meagan 11:00 Open Discussion with Rabbi Mendy 2:00 Bingo 6:30 Mahjong	
16 10:00 Balance & Coordination Fitness Class 10:00 Oliver Centre Children's Visit 2:00 Hymm Sing, Pianist Jonathan E. 14 th floor 7:00 Bridge Club 7:30 Orchestra Practise	17 9:15 Personal Training (PT) with Meagan 10:00 PT with Meagan 2:00 Happy Hour	18 7:00 Shabbat Service	19 2:00 Wii Bowling 7:00 Dennis' Music Performance	20 2:00 Music Rehearsal	
21 10:00 Southgate Mall 11:00 Shavuot service in the Boardroom 12:00 Park & Picnic: Hawrelak Park, River Valley Statutory Holiday	22 9:00 Personal Training (PT) with Meagan 11:00 Computer Class with Anna in Library 2:00 Bingo 6:30 Mahjong	23 10:00 Balance & Coordination Fitness Class 2:00 Hymm Sing, Pianist Jonathan E. 14 th floor 7:00 Bridge Club 7:30 Orchestra Practise	24 9:15 Personal Training (PT) with Meagan 10:00 PT with Meagan 2:00 Happy Hour 6:00 AHS Health Talk	25 10:00 Chair Zumba Class 2:00 Hearing Health Clinic (Library) 2:30 Edmonton Library Story Time 2:00 May "Milestones" Birthday Party!	
26 2:00 Wii Bowling 7:00 Dennis' Music Performance	27 4:00 Hymn Sing	28 10:00 Balance & Coordination 10:00 Save on Foods 11:00 Faith Life Talk with Chaplain Jill 1:00 Telus World of Science/IMAX	29 9:00 Personal Training (PT) with Meagan 2:00 Bingo 3:00 Book Club (Library) with Chaplain Jill 6:30 Mahjong	30 10:00 Balance & Coordination Fitness Class 2:00 Hymm Sing, Pianist Jonathan E. 14 th floor 7:00 Bridge Club 7:30 Orchestra Practise	
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