



Dinner Menu

OPH

<p>1 Tuesday SOUP Tomato Basil* MAIN BBQ Beef Short Ribs <i>OR</i> Egg Salad Platter with Tomato & Cucumber <i>OR</i> Rotini in Bolognese* <i>OR</i> Italian Bean Stew* DESSERT Fruit & Custard</p>	<p>2 Wednesday SALAD Pear Waldorf <i>OR</i> Cucumber Onion* MAIN Baked Chicken Breast <i>OR</i> Breaded Cod <i>OR</i> Lazy Cabbage Rolls* <i>OR</i> Meat Pie* DESSERT Chocolate Hazelnut Cake</p>	<p>3 Thursday SALAD Garlic Chickpea MAIN Pot Roast Beef <i>OR</i> Spinach & Cheese Manicotti <i>OR</i> Grilled Salmon* <i>OR</i> Roast Turkey Sandwich* DESSERT Cantaloupe & Honeydew</p>	<p>4 Friday SOUP Beef & Barley <i>OR</i> Chicken Matzo Ball* MAIN Lamb Tagine <i>OR</i> Maple Dijon Salmon <i>OR</i> Roasted Lamb* <i>OR</i> Grilled Veggie Skewers* DESSERT Maraschino Cherry Loaf</p>	<p>5 Saturday SALAD Tossed MAIN Southern Baked Chicken <i>OR</i> Chicken Apple Salad <i>OR</i> Pot Roast Beef with Horseradish & Gravy* <i>OR</i> Chicken Kebabs* DESSERT Fresh Strawberries</p>		
<p>6 Sunday SALAD Tossed MAIN Teriyaki Chicken <i>OR</i> Herb Crusted Salmon <i>OR</i> Chicken Cacciatore* <i>OR</i> Honey Soy Grilled Salmon* DESSERT Pineapple & Banana</p>	<p>7 Monday SOUP Kale Caesar <i>OR</i> Garden Rainbow* MAIN Tuscany Turkey Breast <i>OR</i> Shepherd's Pie <i>OR</i> Chimmichurri Chicken* <i>OR</i> Hamburger on a Bun* DESSERT Lemon Tart</p>	<p>8 SOUP Florentine Soup MAIN Beef Burgundy <i>OR</i> BBQ Chicken <i>OR</i> Hameen* <i>OR</i> Sephardic Moroccan Fish* DESSERT Chocolate Chickpea Cake <i>OR</i> Kichel*</p>	<p>9 SALAD Tossed MAIN Butter Chicken <i>OR</i> Valencia Basa <i>OR</i> BBQ Chicken* <i>OR</i> Eggplant & Green Chutney Sandwich* DESSERT Bread Pudding</p>	<p>10 SALAD Garden MAIN Orange Beef Stir Fry <i>OR</i> Homemade Vegetarian Lasagne <i>OR</i> Orange Beef Stir Fry* <i>OR</i> Pastrami on Rye* DESSERT Blueberry Tart</p>	<p>11 SOUP Italian Vegetable <i>OR</i> Matzo Ball* MAIN Steak <i>OR</i> Vegetable Napoleon <i>OR</i> Beef Burgundy* <i>OR</i> Chicken Curry* DESSERT Umali <i>OR</i> Strawberry Angel Food Cake*</p>	<p>12 SALAD Tossed MAIN Caprese Chicken <i>OR</i> Salisbury Steak <i>OR</i> Roasted Turkey Sandwich* <i>OR</i> Veggie Bean Cholent* DESSERT Baked Apple with Raisins</p>
<p>13 SALAD Tomato Basil MAIN Veal Roulade <i>OR</i> Cheese Tortellini in Tomato Sauce <i>OR</i> Roasted Turkey Breast* <i>OR</i> Peppered Beef Steak* DESSERT Fresh Fruit Cup</p>	<p>14 SALAD Beet MAIN Fish Burger <i>OR</i> Chicken Wings <i>OR</i> Grilled Salmon with Lemon* <i>OR</i> Penne Pasta with Herbed Vegetables* DESSERT Blueberry Cobbler</p>	<p>15 SOUP Chicken & Rice MAIN Roast Chicken <i>OR</i> Corned Beef <i>OR</i> Poulet de Provençal* <i>OR</i> Beef Bourguignon* DESSERT Coconut Cake <i>OR</i> Coffee Pots de Crème*</p>	<p>16 SALAD Carrot & Pineapple MAIN Rotini in Meat Sauce <i>OR</i> Orange Baked Tilapia <i>OR</i> Rotini in Meat Sauce* <i>OR</i> Seared Salmon with Lemon Butter Sauce* DESSERT Cranapple Crunch</p>	<p>17 SALAD Romaine MAIN Meatloaf with Onion Gravy <i>OR</i> Chicken Thigh <i>OR</i> Stuffed Bell Pepper* <i>OR</i> Rosemary Roasted Chicken Thigh* DESSERT Chocolate Mousse</p>	<p>18 SOUP Roasted Red Pepper <i>OR</i> Chicken Matzo Ball* MAIN Seared Haddock <i>OR</i> Shepherd's Pie <i>OR</i> Roasted Lamb* <i>OR</i> Trout Caprese* DESSERT Chocolate Brownie</p>	<p>19 SALAD Caesar MAIN Turkey Al a King with Sage <i>OR</i> Baked Basa with Lemon <i>OR</i> Shepherd's Pie* <i>OR</i> BBQ Chicken Sandwich* DESSERT Watermelon & Mint</p>
<p>20 SALAD <i>Resident's Choice TBD</i> <i>OR</i> Three Bean* MAIN <i>Resident's Choice TBD</i> <i>OR</i> Turkey Dinner* <i>OR</i> Grilled Trout Almandine* DESSERT <i>Resident's Choice TBD</i> <i>OR</i> Honeydew & Mint*</p>	<p>21 SALAD Tossed MAIN Teriyaki Chicken <i>OR</i> Traditional Beef Stew <i>OR</i> Chicken Teriyaki with Green Onion* <i>OR</i> Vegetable Pot Pie* DESSERT Apple Loaf</p>	<p>22 SOUP French Onion MAIN Penne Alfredo <i>OR</i> Herbed Baked Trout <i>OR</i> Ginger Beef* <i>OR</i> Chicken Stir Fry* DESSERT Mango Coconut Rice Pudding</p>	<p>23 SALAD Tossed MAIN BBQ Beef Short Ribs <i>OR</i> Breaded Cod <i>OR</i> Asparagus Quiche* <i>OR</i> Pot Roast & Gravy* DESSERT Yellow Cake & Icing</p>	<p>24 SALAD Coleslaw MAIN Thai Curry with Cilantro <i>OR</i> Vegetable Lasagne <i>OR</i> Stuffed Bell Pepper* <i>OR</i> Chicken Jambalaya* DESSERT Carrot Cake</p>	<p>25 SOUP Cream of Potato Dill <i>OR</i> Chicken Matzo Ball* MAIN Roast Beef & Yorkshire Pudding <i>OR</i> Pesto Baked Tilapia <i>OR</i> Beef Kebabs* <i>OR</i> Caprese Chicken* DESSERT Watermelon & Blueberries</p>	<p>26 SALAD Tomato Cucumber MAIN Sweet & Sour chicken <i>OR</i> Tomato Baked Portobello Mushroom <i>OR</i> Vegetable Lasagne* <i>OR</i> Hot Beef Sandwich* DESSERT Angel Food Cake</p>
<p>27 SALAD Broccoli MAIN Breaded Tilapia <i>OR</i> Chicken Mango Salad Plate <i>OR</i> Quinoa Chicken Tenders* <i>OR</i> Roasted Salmon* DESSERT Baked Apple</p>	<p>28 SALAD Tossed MAIN Beef Goulash <i>OR</i> Vegetable Napoleon <i>OR</i> Turkey Stroganoff* <i>OR</i> Moroccan Couscous Salad* DESSERT Blueberry Cobbler</p>	<p>29 SOUP Sweet Potato Carrot MAIN Chicken Wings <i>OR</i> BBQ Meatball Sliders <i>OR</i> Beef & Rice Casserole* <i>OR</i> Mexican Chicken DESSERT Vanilla Pudding <i>OR</i> Key Lime Pie*</p>	<p>30 SALAD Tomato & Onion Salad MAIN Southern Fried Chicken <i>OR</i> Parmesan Salmon <i>OR</i> Penne with Grilled Vegetables* <i>OR</i> Beef Pot Roast* DESSERT Pineapple Upside Down Cake</p>	<p>31 SALAD Romaine MAIN Baked Basa <i>OR</i> Tuna Cobb Salad <i>OR</i> Chicken & Rice Casserole* <i>OR</i> Grilled Vegetable Skewers* DESSERT Watermelon & Mint</p>		

*Menu Subject to Change