

June Lunch Menu

*Menu Subject to Change

3 Sunday
SOUP Mulligatawny
MAIN Lemon Chicken Sandwich
OR Maple Pancakes with Whipped Cream *OR* Vegetarian Pizza* *OR* Macaroni & Cheese*
DESSERT Fruit Cup

4 Monday
SOUP Vegetable Soup
MAIN Caprese Grilled Chicken
OR Veggie Burger *OR* Chickpea Burger & Potato Wedges* *OR* Valencia Baked Fish*
DESSERT Red Grapes

5 Tuesday
SOUP Chili Bean
MAIN Spanakopita with Marinara *OR* Vegetable Stir Fry *OR* Cheese & Bean Burritos* *OR* Tuna Quesadilla*
DESSERT Watermelon & Mint

6 Wednesday
Patio BBQ
14th floor
 11:30 am – 1:00 pm

7 Thursday
SOUP Red Lentil *OR* Corn Chowder*
MAIN Roast Turkey Sandwich *OR* Mushroom Quiche *OR* Salmon Salad Croissant* *OR* Cottage Cheese & Fruit*
DESSERT Mandarin Oranges

8 Friday
SOUP Minestrone
MAIN Philly Cheese Sandwich *OR* Potato & Cheese Frittata *OR* Egg Salad Sandwich* *OR* Lemon Pepper Salmon*
DESSERT Pineapple & Chocolate

9 Saturday
SOUP Cream of Chicken
MAIN Falafel Pita Pocket *OR* Grilled Salmon *OR* Salmon Salad Croissant* *OR* Potato & Cheese Frittata*
DESSERT Banana & Orange

10
SOUP Autumn Squash
MAIN Smoked Meat Sandwich *OR* Veal Parmesan *OR* Homemade Knishes* *OR* Vegetable Frittata*
DESSERT Poached Pears

11
SOUP Split Pea
MAIN BBQ Hamburger *OR* Vegetarian Cassoulet *OR* Chick Pea Tagine* *OR* Egg Salad Sandwich*
DESSERT Orange, Banana & Coconut

12
SOUP Borscht
MAIN Monte Cristo Sandwich *OR* Zesty Orange Fish *OR* Ukrainian Fish Cutlets* *OR* Cabbage Rolls*
DESSERT Mixed Yogurt & Fruit

13
Patio BBQ
14th floor
 11:30 am – 1:00 pm

14
SOUP Tomato Basil
MAIN Rubens Pastrami *OR* Manicotti *OR* Vegetable Strudel* *OR* Grilled Cheddar & Onion Sandwich*
DESSERT Melon & Strawberries

15
SOUP Mushroom Barley Soup
MAIN Chicken Souvlaki Sandwich *OR* Fresh Fish *OR* Mediterranean Salad* *OR* Cream Cheese Lox Bagel*
DESSERT Red Grapes

16
SOUP Vegetable Rice Soup
MAIN Tofu Sandwich *OR* Potato Pancakes *OR* Vegetable Frittata* *OR* Roasted Turkey Sandwich*
DESSERT Pineapple & Chocolate

17
Father's Day
Brunch
 10:00 am & 11:30 am
Reservations Required!

18
SOUP Vegetable Rice
MAIN Seafood Salad Croissant *OR* Asian Vegetable Stir Fry *OR* Grilled Cheese* *OR* Chimmichurri Salmon*
DESSERT Baked Apple with Caramel Sauce

19
SOUP Tuscany Garbanzo
MAIN Beef Dip Sandwich with Au Jus *OR* Grilled Trout with Lemon *OR* Italian Smoked Meat* Sandwich *OR* Penne with Sausage in Marinara*
DESSERT Tiramisu Parfait

20
Patio BBQ
14th floor
 11:30 am – 1:00 pm

21
SOUP Lentil Soup
MAIN Pastrami on Rye *OR* Broccoli Cheddar Quiche *OR* Grilled Vegetable Sandwich* *OR* Moroccan Vegetable Stew*
DESSERT Fruit Cup

22
SOUP Butternut Squash Soup
MAIN Egg Salad on Brioche *OR* Fish Sticks *OR* Tuna Salad Sandwich with Lemon* *OR* Zucchini Frittata*
DESSERT Poached Pears

23
SOUP Red Pepper & Tomato
MAIN BBQ Beef Burger *OR* Tortellini in Tomato Sauce *OR* Falafel Pita Pockets* *OR* Broccoli Cheddar Quiche*
DESSERT Lemon Mouse with Berries

24
SOUP Corn Chowder *OR* Split Pea*
MAIN Roasted Vegetable Sandwich *OR* Chicken Caesar Salad *OR* Berry Pancakes* *OR* Seared Salmon Pasta Salad*
DESSERT Watermelon & Mint

25
SOUP Minestrone
MAIN Roast Beef Sandwich *OR* Vegetable Egg Frittata *OR* BBQ Tofu, Lettuce & Tomato Sandwich* *OR* Homemade Vegetarian Lasagne*
DESSERT Banana & Orange

26
SOUP Split Pea
MAIN Grilled Cheddar with Onion & Tomato Sandwich *OR* Tuna Salad Plate *OR* Holishkes* *OR* Shakshuka* with Mashed Potatoes*
DESSERT Honey Apple Cake

27
Patio BBQ
14th floor
 11:30 am – 1:00 pm

28
SOUP White Bean
MAIN Veggie Burger *OR* Three Cheese Quiche *OR* Tuna Cobb Salad Plate* *OR* Penne with Tomato Soya Meat Sauce*
DESSERT Strawberries & Cantaloupe

29
SOUP Autumn Pumpkin *OR* Cream of Tomato*
MAIN Egg Salad on Brioche *OR* Penne Primavera *OR* Homemade Knishes* *OR* Vegetable Frittata*
DESSERT Mandarin Orange Slices

30
SOUP Chicken Noodle
MAIN Smoked Salmon on Cream Cheese Bagel *OR* Cabbage Rolls & Perogies *OR* Egg Salad Sandwich* *OR* Veggie Bean Cholent*
DESSERT Watermelon & Blueberries

June Dinner Menu



*Menu Subject to Change

3 Sunday

SALAD Broccoli
MAIN Breaded Tilapia *OR* Chicken Mango Salad Plate *OR* Quinoa Chicken Tenders* *OR* Roasted Salmon*
DESSERT Baked Apple

4 Monday

SALAD Tossed
MAIN Beef Goulash *OR* Vegetable Napoleon *OR* Turkey Stroganoff* *OR* Moroccan Couscous Salad*
DESSERT Blueberry Cobbler

5 Tuesday

SOUP Sweet Potato Carrot
MAIN Chicken Wings *OR* BBQ Meatball Sliders *OR* Beef & Rice Casserole* *OR* Mexican Chicken
DESSERT Vanilla Pudding *OR* Key Lime Pie*

6 Wednesday

SALAD Tomato & Onion Salad
MAIN Southern Fried Chicken *OR* Parmesan Salmon *OR* Penne with Grilled Vegetables* *OR* Beef Pot Roast*
DESSERT Pineapple Upside Down Cake

7 Thursday

SALAD Romaine
MAIN Baked Basa *OR* Tuna Cobb Salad *OR* Chicken & Rice Casserole* *OR* Grilled Vegetable Skewers*
DESSERT Watermelon & Mint Cake

1 Friday

SOUP Cream of Potato Dill *OR* Chicken Matzo Ball*
MAIN Roast Beef & Yorkshire Pudding *OR* Pesto Baked Tilapia *OR* Beef Kebabs* *OR* Caprese Chicken*
DESSERT Watermelon & Blueberries

2 Saturday

SALAD Tomato Cucumber
MAIN Sweet & Sour chicken *OR* Tomato Baked Portobello Mushroom *OR* Vegetable Lasagne* *OR* Hot Beef Sandwich*
DESSERT Angel Food Cake

10

SALAD Matchstick Carrot Salad
MAIN Tandoori Chicken *OR* Chefs Salad *OR* Corned Beef* *OR* Trout Almandine*
DESSERT Cherry Tart

11

SALAD Spinach
MAIN Penne with Meatballs *OR* Fennel Chicken *OR* BBQ Hamburger* *OR* BBQ Chicken*
DESSERT Peach Crisp

12

START Chicken Taco Soup *OR* Beet Salad*
MAIN Turkey Schnitzel *OR* Meat Lasagna *OR* Lamb Dushenina* *OR* Deruni*
DESSERT Jello & Fruit

13

SALAD Cucumber & Red Onion
MAIN Meat Lover Pizza *OR* Basil Tomato Mozzarella Sandwich *OR* Penne with Chicken Pot Pie* *OR* Baked Salmon*
DESSERT Chocolate Cake

14

SALAD Garlic Chickpea Salad
MAIN Meatloaf *OR* Jamaican Jerk Chicken *OR* Pasta & Meatballs* *OR* Chicken Korma*
DESSERT Coconut Rice Pudding

15

SOUP Tomato Macaroni *OR* Chicken Matzo Ball*
MAIN Chicken ala Kiev *OR* Pasta Primavera *OR* Shepherd's Pie* *OR* Stuffed Pepper*
DESSERT Carrot Cake

16

SALAD Tossed Salad
MAIN Cabbage Rolls *OR* Liver & Onions *OR* BBQ Chicken Sandwich* *OR* Moroccan Vegetable Stew*
DESSERT Chocolate Mousse

17

SALAD Mixed Greens *OR* Carrot Raisin*
MAIN Chimmichurri Chicken Thigh *OR* Breaded Tilapia *OR* BBQ Braised Short Ribs* *OR* Cajun Salmon*
DESSERT Chocolate Brownie

18

SALAD Spinach
MAIN Rotini in Meat Sauce *OR* Chicken Stew *OR* Salisbury Steak* *OR* Apple Chicken Sandwich*
DESSERT Pear Crisp

19

SOUP Tomato Basil*
MAIN BBQ Beef Short Ribs *OR* Egg Salad Platter with Tomato & Cucumber *OR* Rotini in Bolognese* *OR* Italian Bean Stew*
DESSERT Fruit & Custard

20

SALAD Pear Waldorf *OR* Cucumber Onion*
MAIN Baked Chicken Breast *OR* Breaded Cod *OR* Lazy Cabbage Rolls* *OR* Meat Pie*
DESSERT Chocolate Hazelnut Cake

21

SALAD Garlic Chickpea
MAIN Pot Roast Beef *OR* Spinach & Cheese Manicotti *OR* Grilled Salmon* *OR* Roast Turkey Sandwich*
DESSERT Cantaloupe & Honeydew

22

SOUP Beef & Barley *OR* Chicken Matzo Ball*
MAIN Lamb Tagine *OR* Maple Dijon Salmon *OR* Roasted Lamb* *OR* Grilled Veggie Skewers*
DESSERT Maraschino Cherry Loaf

23

SALAD Tossed
MAIN Southern Baked Chicken *OR* Chicken Apple Salad *OR* Pot Roast Beef with Horseradish & Gravy* *OR* Chicken Kebabs*
DESSERT Fresh Strawberries

24

SALAD Tossed
MAIN Teriyaki Chicken *OR* Herb Crusted Salmon *OR* Chicken Cacciatore* *OR* Honey Soy Grilled Salmon*
DESSERT Pineapple & Banana

25

SOUP Kale Caesar *OR* Garden Rainbow*
MAIN Tuscany Turkey Breast *OR* Shepherd's Pie *OR* Chimmichurri Chicken* *OR* Hamburger on a Bun*
DESSERT Lemon Tart

26

SOUP Florentine Soup
MAIN Beef Burgundy *OR* BBQ Chicken *OR* Hameen* *OR* Sephardic Moroccan Fish*
DESSERT Chocolate Chickpea Cake *OR* Kichel*

27

SALAD Tossed
MAIN Butter Chicken *OR* Valencia Basa *OR* BBQ Chicken* *OR* Eggplant & Green Chutney Sandwich*
DESSERT Bread Pudding

28

SALAD Garden
MAIN Orange Beef Stir Fry *OR* Homemade Vegetarian Lasagne *OR* Orange Beef Stir Fry* *OR* Pastrami on Rye*
DESSERT Blueberry Tart

29

SOUP Italian Vegetable *OR* Matzo Ball*
MAIN Steak *OR* Vegetable Napoleon *OR* Beef Burgundy* *OR* Chicken Curry*
DESSERT Umali *OR* Strawberry Angel Food Cake*

30

SALAD Tossed
MAIN Caprese Chicken *OR* Salisbury Steak *OR* Roasted Turkey Sandwich* *OR* Veggie Bean Cholent*
DESSERT Baked Apple with Raisins