

1	Sunday	2	Monday	3	Tuesday	4	Wednesday	5	Thursday	6	Friday	7	Saturday							
7:00 11:00	Movie Night Fireworks Viewing (Patio)	Holiday - Canada Day 		9:00 10:00 10:30 11:00 2:00 6:30	Personal Training with Meagan (Fitness Center) Oliver Center Daycare Visit (3rd floor) Ballet Edmonton Class Technology Lessons (Library) Bingo Mahjong Club	10:00 12:00 1:00 2:00 3:00 6:00 7:00	Sit & Be Fit BBQ Lunch (Patio) Inspired Living Follow-Up Discussion Piano Sing-A-Long with Jonathan Watercolour Painting Classic Games Night Bridge Club	9:15 10:00 10:00 11:00 2:00 4:30 7:00	Personal Training with Meagan (Fitness Center) Personal Training with Meagan (Fitness Center) Outdoor Walking Club Happy Hour Mindfulness Class Movie Night	10:00 11:00 1:30 2:00 5:00	Chair Zumba Knitting & Quilting Club Popcorn & Trivia Social Open Discussion with Rabbi Mendy Blue Jays VS Yankees (14th floor Lounge TV)	10:00 10:30 11:30 1:30 2:30 3:30 7:00	Sit & Be Fit Gardening Club Journaling Corner Ice Cream Social Current Events Talk Eskimos VS Argonauts (14th floor TV) Dennis' Piano Performance							
8	3:00 7:00	Classical Music Performance Movie Night	9	10:00 10:30 1:30 2:00 2:30	Art Therapy Century Casino Political Discussion Group Cineplex Odeon North Edmonton Virtual Travel Experience	10	9:00 10:30 2:00 5:30 5:30 6:30	Personal Training with Meagan (Fitness Center) Ballet Edmonton Class Bingo Dinner Club @ <i>Characters</i> Blue Jays VS Braves (14th floor Lounge TV) Mahjong Club	11	10:00 11:00 12:00 2:00 3:00 6:00 7:00 7:30	Sit & Be Fit Resident Volunteer Meeting BBQ Lunch (Patio) Piano Sing-Along with Jonathan Oliver Pool Swim Classic Games Night Bridge Club Orchestra Practise	12	9:15 10:00 10:00 10:15 11:00 2:00 5:00 7:00	Personal Training with Meagan (Fitness Center) Personal Training with Meagan (Fitness Center) Mindfulness Class Outdoor Walking Club Happy Hour Blue Jays VS Red Sox (14th floor Lounge TV) Movie Night	13	10:00 10:00 11:00 1:30 2:00 7:30	Chair Zumba Jewish Cultural Early Learning Visit (3rd floor) Knitting & Quilting Club Popcorn & Trivia Social Rexall Pharmacy Café <i>Topic: Sun Care</i> Eskimos VS Argonauts (14th floor TV)	14	10:00 10:30 11:30 1:30 7:00	Sit & Be Fit Gardening Club Journaling Corner Opera Viewing on YouTube Dennis' Piano Performance
15	10:00 1:30 2:30 7:00	Sit & Be Fit Ice Cream Social Historical Events Discussion Movie Night	16	11:00 1:30 2:00 5:00	Faith Life Talk Art & Architecture with Chaplain Jill TED Talks Blue Jays vs Orioles (14 th floor TV)	17	9:00 10:30 11:00 2:00 5:00 6:30	Personal Training with Meagan (Fitness Center) Ballet Edmonton Class Technology Lessons (Library) Bingo Mayfield Dinner Theater Mahjong Club	18	10:00 1:30 12:00 2:00 3:00 6:00 7:00	Sit & Be Fit Social Committee Meeting BBQ Lunch (Patio) Piano Sing-Along with Jonathan Water Colour Painting Classic Board Games Night Bridge Club	19	9:15 10:00 10:00 10:15 11:00 2:00 7:00	Personal Training with Meagan (Fitness Center) Personal Training with Meagan (Fitness Center) Mindfulness Class Outdoor Walking Club Happy Hour Movie Night	20	10:00 10:00 11:00 7:00	Art Therapy K-Days Parade Viewing (14th floor TV) Knitting & Quilting Club Shabbat Service	21	10:00 10:30 11:00 7:00	Brunch (Dining Room) Gardening Club Blue Jays VS Orioles (14th floor TV) Dennis' Piano Performance
22	4:00 7:00	Hymn Sing with Chaplain Jill Movie Night	23	10:00 11:30 11:00 2:00 4:15	Sit & Be Fit K-Days Outing Political Discussion Group Virtual Travel Experience Taste of Edmonton Supper Outing	24	9:00 10:30 1:30 3:00 6:30	Personal Training with Meagan (Fitness Center) Ballet Edmonton Class New Resident Welcome Social Book Club (Library) Mahjong Club	25	10:00 12:00 1:30 2:00 3:00 6:00 7:00 7:30	Sit & Be Fit BBQ Lunch (Patio) Oliver Center Daycare Visit Piano Sing-A-Long with Jonathan Photography Club Classic Games Night Bridge Club Orchestra Practise	26	9:15 10:00 10:00 11:00 2:00 5:30 7:00	Personal Training with Meagan (Fitness Center) Personal Training with Meagan (Fitness Center) Social Salsa Class Trial with Yesmine Happy Hour Eskimos VS Aloquettes (14 th floor TV) Movie Night	27	10:00 10:00 1:30 2:00 2:30 3:30	Chair Zumba Chair Yoga Trial with 2G Fitness Birthday Party Hearing Health Clinic with Brandon (Library) Edmonton Library Story Time Wine Tasting	28	10:00 10:30 11:30 2:00 7:00	Sit & Be Fit Gardening Club Journaling Corner Knitting & Quilting Club Dennis' Piano Performance
29	1:30 7:00	Ice Cream Social Movie Night	30	9:30 10:00 11:00 2:00 3:00	Day Trip to Stony Plain & Parkland Museum Balance & Coordination Faith Life Talk TED Talks Reading Circle with Chaplain Jill	31	9:00 10:30 2:00 6:30	Personal Training with Meagan (Fitness Center) Ballet Edmonton Class Bingo Mahjong Club												